

Post Graduate Diploma in Clinical Psychology (PGDCP) – 2012-13

Institute of Psychological Research & Service, Patna University

SEMESTER – I

1	2	3	4	5	6	7
Code	Course Component	Name of the Course	Credit	Marks		Total Marks
				Continuous Internal Assessment (CIA)	End Semester Exam. (ESE)	
CL – Psy.						
CL. Psy. PGDCP 101	Core	Concept and Method of Clinical Psychology	5	30	70	100
CL. Psy. PGDCP 102	Core	Personality and Some Psychological Process their disorders	5	30	70	100
CL. Psy. PGDCP 103	Core	Family and Life Span Change	5	30	70	100

SEMESTER – II

1	2	3	4	5	6	7
Code	Course Component	Name of the Course	Credit	Marks		Total Marks
				Continuous Internal Assessment (CIA)	End Semester Exam. (ESE)	
CL – Psy.						
CL. Psy. PGDCP 201	Core	Assessment	5	30	70	100
CL. Psy. PGDCP 202	Core	Psychological Testing	5	30	70	100
CL. Psy. PGDCP 203	Core	Job Training	5	30	70	100

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Manish
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Syllabus (2012-13)

Institute of Psychological Research & Service, Patna University

Post Graduate Diploma in Clinical Psychology (PGDCP)

PAPER-I

CL. Psy-101.

Time : 03 Hours

Full Marks: 70

CONCEPTS AND METHODS OF CLINICAL PSYCHOLOGY

Unit-I

Fundamental & Models of Clinical Psychology.

Nature, History, Training and education of Clinical Psychology.

Psychodynamic model, Behavioral Model and Phenomenological Model.

Unit -II

Assessment & Observation in Clinical Psychology.

Nature, Purpose and Components of Clinical Process.

Different approaches and evaluation of observational assessment.

Unit-III

Mental Health & Behavioral Medicine.

Models and measures of promoting Mental Health.

Concept & behavioral approaches to primary and secondary presentation towards tertiary care.

Unit-IV

Neurophysiology and Biological Factors in Clinical Psychology.

History, Principles & Emergence of Clinical Neurophysiology & Neuropsychological approaches to psychopathology to Depression and Schizophrenia.

Unit-V

Professional and Community Psychology.

Training, regulations, Ethics & Perils of Professionalism.

Nature, Principles, methods & developments of Community Psychology in India.

Books Recommended :

1. Saccuzzo & Kaplan: Clinical Psychology
2. Nietzel, Bernstein & Milich : Introduction to Clinical Psychology
3. Korchin : Modern Clinical Psychology
4. Meyers : Modern Clinical Psychology
5. Md. Suleman : Naidanik Manobigham
6. Kapil : Adhunik Naidanik Mnobighyan
7. Arun Kumar Singh : Unchchatter Naidnaik Manobighyan

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Post Graduate Diploma in Clinical Psychology (PGDCP)

PAPER-II

PERSONALITY AND SOME PSYCHOLOGICAL PROCESSES THEIR DISORDERS

CL. Psy-102

Time : 03 Hours

Full Marks: 70

Unit-I

Personality- Biological and environment determinants of personality. Motivational and trait dimension of personality, Methods & Process of personality development, childhood, puberty & adolescence.

Unit-II

Psychoanalytic Humanistic & trait Personality- Freud, Adler & Erikson. Allport, Cattell & Eysenck Maslow, Rogers.

Unit-III

Anxiety & Mood Disorders- Types, Causes and treatment of phobia. Characteristics, Causes and Treatment of Mood disorder.

Unit-IV

Suicide & Schizophrenia- Causes and prevention of adolescence suicide, Symptoms, types, causes and treatment for schizophrenia.

Unit-V

Mental Retardation- Classification causes, prevention and treatment of mental & Autistic disorders.

Books Recommended :

1. Hall, Lindzey, Lochlin & Manosevitz : *Introduction to Theories of Personality.*
2. Ryckman : *Theories of Personality.*
3. Feist : *Theories of Personality.*
4. Hjelle & Ziegler : *Theories of Personality.*
5. Davison & Neale : *Abnormal Psychology.*
6. Nietzel, Speltz, McCauley & Bernstein : *Abnormal Psychology.*
7. Bootzin, Acocella & Alloy : *Abnormal Psychology.*
8. Arun Kumar Singh : *Vyakti Ka Manobigyan.*
9. Arun Kumar Singh : *Adhunik Asamanaya Manobigyan.*
10. Madhu Asthana : *Vaktab Ka Manobigyan.*

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PAPER-III

FAMILY AND LIFE SPAN CHANGE.

CL. Psy-103

Time : 03 Hours

Full Marks: 70

Unit-I

Process & Variations in Pattern of Socialization- Family as an agent as a Social System.

Dimension of parental behavior, parent child interactions and birth order.

Unit -II

Impact of Marital Relationship- Husbands wives as a mutual support system. The impact of marital relationship on parent and children.

Impact of Maternal employment & marital relationship. Consequences of Child Abuse.

Unit-III

Adolescence & Peer Interaction- Characteristics, Problems & types of adolescence interest.

Determinants & Function of Peer acceptance.

Unit-IV

Behavioral Side - of moral development & theories of piaget and Kohlberg.

Factors, standards development of Sex roles, Androgyny.

Unit-V

Personal, Vocational & Social adjustment of old age.

Characteristics, adjustment to physical changes in old Age, Hazards to personal and social adjustment in old & management of old age.

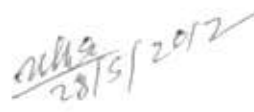
Books Recommended :

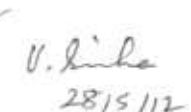
1. Hethrenington & Parke : Child Psychology.
2. Bergress, Locke & Themes : Introduction to family.
3. Aldens : Family Careers.
4. Perz : Family Counselling.
5. Hurlock : Developmental Psychology : A life-span approach.
6. Priti Verma : Vikasatamak Manobighyan.
7. Jank Pandey (Ed.) : Psychology in India, Vol. III, Sage Publication.
8. Arun Kumar Singh : Vaktitab Ka Manobighyan.
9. Arun Kumar Singh : Adhunik Asamanaya Manobighyan.
10. Madhu Asthana : Vaktitab Ka Manobighyan.

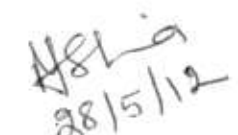
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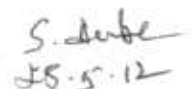



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PAPER-IV
ASSESSMENT

CL. Psy-201

Time : 03 Hours

Full Marks: 70

Unit-I

Assessment and Classification :

Meaning and reasons of diagnosis; major diagnostic categories of DSMIV and their criticism; Integrated tools of assessment-Life records, interview; tests and observation, Conditions that bias diagnosis.

Unit-II

Biological Assessment & Therapies :

Techniques of physiological measurement. Biological therapies – Techniques of biological therapies – Psychosurgery, convulsive therapy & drug treatment.

Unit-III

Psychological & Behavioural Cognitive Assessment :

Clinical interview; Psychological tests – projective personality test; personality inventories; intelligence tests. Advantages and limitation of these assessment techniques; Direct observation of behavior; Specialized approaches to cognitive assessment - their rehabilit & Validity.

Unit-IV

Psychological Therapies :

Psycho analysis Basic techniques in Freudian Psycho analysis Contemporary analytic therapies ego – analysis, interpersonal Psychodynamic. Roger's Client centered therapy. Gestalt Therapy & Group Therapy Curative Factors in group therapy; family therapy types and problem, marital/couple therapy, techniques.

Unit-V

Cognitive & Behaviour Therapies

Systematic desensitization and aversion therapy, operant conditioning – Token economy; contingency management and Biofeed back; Modeling – Problems treated by modeling; Cognitive therapies – Ellis Rational Emotive Therapy; Beck's Cognitive Therapy; Multi-model Therapy.

Books Recommended :

1. Neitzel, Speltz, Maccasuly & Bernstein : Abnormal Psychology.
2. Davidson and Neale : Abnormal Psychology.
3. Seligman & Rosenhan : Abnormality.
4. Garfield : Clinical Psychology.
5. Bellack & Hersen : Introduction to Clinical Psychological
6. Arun Kumar Singh : Uchchatar Naidanik Manobighyan.

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Syllabus (2012-2013)

Institute of Psychological Research & Services, Patna University,

Post Graduate in Clinical Psychology (P.G.D.C.P)

Time : 3 hours

PAPER - V

Full Marks : 70

Cl. Psy. 202

PSYCHOLOGICAL/CLINICAL TESTING

Every examinee would be required to administer the following tests in the classroom / clinical setting and prepare a notebook.

- Unit I 1. Intelligence Test – Verbal test, Non-verbal test and Performance test.
Unit II 2. Projective Test – RT, TAT and CAT.
Unit III 3. Personality Inventories – MMPI, Cattell's Sixteen P.F. test, Eysenck Personality Questionnaire. Test of Type A/B Personalities.
Unit IV 4. Stress and Anixety Scale – Beck's Depression Inventory; Sinha's Comprehensive Anxiety test. Strees Inventory.
Unit V 5. Neuro Psychological Tests – Cornell Medical Index Health Questionnaire; Mental Health Batteries.

In case of nonavailability of particulars test / scale, any other adequate substitute foreign or indigenous test will be made available for administration.

Books. Recommended :

1. Freeman : *Essentials of Psychological Testing.*
2. Cronbach : *Psychological Testing.*
3. Mischel : *Personality and Assessment.*
4. Greene : *MMP1₂ / MMPI : In Interpretiv Manual*
5. Anastasi & Urbina : *Psychological testing.*
6. Arun Kumar Singh : *Tests, measurements and Research Methods in Behavioural Sciences.*
7. Arun Kumar Singh : *Uchchter Manobaigaynik Prayog Evam Prikshan.*

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M.S.
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Hemant
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Syllabus (2012-2013)

Institute of Psychological Research & Services, Patna University,

Post Graduate in Clinical Psychology (P.G.D.C.P)

Time : 3 hours

PAPER - VI

Full Marks : 70

Cl. Psy. 203

JOB TRAINING

Every examinee would be required to prepare a Project Report based on at least 5 cases from clinical field preferably with the aid of a medical practitioner. The project report, among others, must emphasize upon the following :

- (a) Screening and Classification.
- (b) Treatment decision
- (c) Nature of clinical judgement.
- (d) Assessing cognitive and non-cognitive functions
- (e) Assessment by Psychological testing, its use in prediction

Every examinee would prepare the Research Project under the guidance and supervision of a faculty member of the IPRS and for this he / she will have to compulsorily and regularly visit any mental hospital / private clinical / medical college etc. IPRS will also arrange for a combined visit / tour of all examinees to a place found suitable and convenient in the eye of Director, IPRS. Every examinee will have to submit two copies of Project Report for evaluation in viva-vice examination.

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